

## Opens Your Eyes

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Often my friends or patients will ask me: "Dr Wu, you perform iridology exam everyday, you can detect the diseases of different body parts by looking outside the rainbow part of the pupil in the eye, so you then treat those body parts that you find problems with, and why? "

Let me illustrate the power of Iridology with these two special cases:

### Case 1:

In the winter of 2004, the mother in law of the hardware store owner next door came to my clinics, complaining needing help to walk and not able to see in front of her.

Upon examination, we discover she has normal vision. However, due to her old age and feeble condition, her upper eyelids droops and slacks. It is because the muscles around the eyes lack the force to control her eyelids, so when she meet and talk with others, she always have to use her finger to push up her upper eyelids in order to see the other person.

- **Symptoms Analysis:** This disease belongs to frail, qi and blood deficiency due to old age.
- **Therapeutic principle:** To benefit the Qi and nourish the blood, and to tonify the liver and kidney.
- **Formula:** *Bu Zhong Yi Qi Tang*, add *Qi Ju Di Huang Wan*.
- **Acupuncture treatment:** Fengchi(gb 20), Cuanzhu(bl 2) through Yuyao(extra pt), subcutaneous Sibai(st 2) to Tong Zi Liao(gb 1). Daily or every other day treatment, and retains the needle for an hour for each treatment.

After three weeks of treatment, patient has recovered and gains control of her eyes muscles, herbal medicine conditioning for six months afterwards.

### Case 2:

In the summer of 2005, Wing, the owner of the local fruits and vegetables market owner, has sent his son Chun to our clinic. Chun has failed the physical exam for the commercial truck license due to color blindness, unable to distinguish red and green. He seeks help in our clinic.

Wing is a medium size local fruits and vegetable market owner, he use a big truck to deliver their goods for long distance and motorcycle for short distance. 18-year-old eldest son Chun, has been the main domestic helpers, regardless of transportation, trafficking in procurement, have helped out basically everything. Wing endeavor wanted his son to inherit the family business, but unfortunately the physical examination revealed his son's color blindness, which will affect the family's business operations. Wing has repeatedly asked and begged for the best treatment from our clinic.

- **Iridology analysis:** Chun's irises gave us a perspective on the basic situation of the body, the analysis showed bilateral neck and shoulder area formed a few faint black lines, revealing blood circulation disorder in those area. Due to the long-term trauma from delivering the produces, Chun sustained neck and shoulder contusion but without proper treatment, both areas are tender and painful with palpation.
- **Acupuncture Point:** Fengchi(gb 20), Jianjing(gb 21), Cuanzhu(bl 2) through Yuyao(extra pt), subcutaneous Sibai(st 2) to Tong Zi Liao(gb 1). Acupuncture once a day with retention of needles for two hours, the course of treatment is two months.
- **Formulas:** *Ge Gen Tang*, plus *Xue Fu Zhu Yu Tang*.

That same year in September 2005, the Land Transport Agency informed Chun that he passed the physical examination. Chun came to the clinic with the good news, bringing the two huge baskets of sweet orange as his gratitude. Due to the large size of the baskets, we had to put them outside the clinic door for everybody to share, so that there is access for our clinic patients.

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## 撐開眼看 你色了嗎

經常有朋友或病患提問說：

吳醫師你每天做虹膜檢測,得知身體各部位疾病於眼睛瞳孔外虹彩部份,那眼睛的相關問題你治療嗎?

在此介紹兩個特殊病例：

一,2004 冬天,隔壁五金行老板的丈母娘—78 歲—走路須人攙扶,眼睛無法看到前方,

問診檢查後,才發現眼睛視力與常人一般,可以看見東西的,因年老體衰,上眼皮下垂鬆弛,眼睛四周的肌肉無法自動開闔收縮,於是當與人碰面交談時,總是得用手指撐開上下眼皮才可看見對方.

症狀分析:本症屬於年老體弱 氣血虧虛

治則:益氣養血 補益肝腎

處方:補中益氣湯 加 杞菊地黃丸

針灸治療:風池 瓊竹透魚腰 平透四白 瞳子髎

每日或隔日治療,每次留針一小時

三週痊癒 續服中藥調理半年

二,2005 年夏天 菜市場水果商阿榮 大兒子 機車考駕照身體檢查不通過,不可應考

來院求診:主因 色盲 紅綠不分

阿榮是個中盤水果商,遠程運送用小貨車,近程則用機車,大兒子阿川已滿 18 歲,一直是家中主要幫手,無論搬運,販賣採購,已經樣樣上手,阿榮想讓兒子獨當一面,繼承家業,無奈體檢查出色盲,故一再要求本診所盡力治療

虹膜檢測 透視身體基本狀況 發現雙側頸肩區暈黑成線條狀 意義:氣血循環障礙 因長期搬運,頸肩挫傷未積極治療,觸摸痛甚

針灸穴位:風池 肩井 光明 瓊竹透魚腰 平透四白 瞳子膠

每日針灸一次留針兩小時 療程兩個月

處方:葛根湯 加 血府逐瘀湯

是年 9 月車輛管理處體格檢查,告知通過,也應考及格. 來院告知喜訊時,也帶來兩大簍的甘橘道謝,因竹簍太大數量也多,只好擺在診所門口,分享給來診自己取用  
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