

## **Double Happiness with TCM Treatment Infertility Series Case Study**

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This article consists of two pregnancy cases with documentation on small vignettes during the treatments. Our purpose here is to stimulate our reader's thinking.

**Case 1:** 26 year old white female, married for 3 years

Her chief complain was 2 miscarriages in the fifth week of both pregnancies. She would like to be pregnant again soon but was fearful and depressed due to the 2 miscarriages.

On the previous 2 pregnancies, the patient followed her medical doctor's order to take Luteinizing hormone (LH, also known as lutropin). She could neither understand nor accept her two miscarriages. The patient also considered in vitro fertilization but didn't due to its high cost. She was recommended by her friend to try Chinese medicine to get pregnant again.

After initial history taking and diagnosis, I found the patient to have ice cold hands and feet, and minute and forceless pulse. Her average basal body temperature to be around 96F to 97F. I diagnosed her symptoms as deficient cold in the uterus with blockage of microcirculation system, and lack of Luteinizing hormone. Iridology examination showed patient's body is in good shape, but her physical body needs reconditioning. The patient agrees to receive acupuncture, Chinese herbal medicine, tui na massage, and vector interferential wave current treatment.

After 2 weeks of treatments, the patient's basal temperature rised up to between 98.5 F and 98.9 F. Coincides with her ovulation, the patient also found to have clear secretion produced, which she never encounters previously. The patient's confidence grew. The patient was also seeing her Obgyn doctor for check up. Her medical doctor orders her to take Luteinizing hormone to strengthen the endometrial hyperplasia in her uterus. However, patient's period came one week into using the Luteinizing hormone, and she is still 20 days away from her normal period date. The patient was upset and depressed when coming to our clinic for office visit. She said, "I don't want to take the Western medication anymore! I realized my previous 2 miscarriages was related to this medication!" She calm down slightly after I comforted her and further explain the situation.

I told her our next treatment objective would be to strengthen the contraction of the uterus by using the vector interferential wave. We would also raise the blood circulation level and body temperature. In addition, we would use Chinese herbs to benefit the qi and tonify the blood, acupuncture and tui na massage to harmonize the yin yang and channels in order to strengthen her hormonal secretion. The patient was getting treated once per week. She was pregnant after 6 weeks of treatment with a basal body temperature of 98.8 F to 99.1 F. The patient told me she felt pressure about how she can stabilize and keep this pregnancy to pass the previous “danger” period. The patient mentions she felt soreness and heavy distending sensation in her sacral area for both of her miscarriages. Therefore, we use acupuncture and tui na massage pinpointing the sacral area to warm and increase its qi circulation. In this case with the cooperation of the patient, thank heaven she has been pregnant for 28 weeks. Her delivery date is mid June of 2009 and her condition seems to be very stable thus far.

**Case 2:** 42 year old asian female, no sign of pregnancy

Patient has been married for a few years without getting pregnant; no contraception was used. She came to our clinic for consultation with low basal body temperature but seems to be good overall health. Obgyn examination reveals no abnormal organ dysfunction, fallopian tube without blockage, and ovulation normal. Her husband’s condition is normal as well. Our clinic uses vector interferential wave treatment along with medical grade Chinese herbs to supplement her hormone. We also use acupuncture to harmonize the 3 yin channels on her hands and feet once per week. Post treatment patient has sticky egg white like secretions during her ovulation, and her basal body temperature has raised to 98.5 F to 98.7 F. Our patient was pregnant after 8 weeks of treatment and gave birth to a baby boy on September of 2008. It was because the patient continues to take her Chinese herbal treatment during her pregnancy, so she had no symptoms of vomit, headache, palpitation, lower edema, high blood pressure or anemia. Furthermore, with help of Iridology diagnosis we were able to ascertain whether the patient was deficient or excess, and if she was cold or hot in nature. Therefore we can use the appropriate kind of herbs for her particular type of body.